

LIFE'S HEALING CHOICES - Part 1 TIME TO GET REAL The Reality Choice

"I don't understand what I do. For what I want to do I don't do, but what I hate to do, I do! ...I know that nothing good lives in my sinful nature. I have the desire to do what is good, but I cannot carry it out." Rom. 7:15&18 (NIV)

Personal Inventory...Do I ever experience, or get help back by...

Overspending? Lying? Fear? Anxiety? Anger? Inappropriate attractions? Addictions? Regrets? Bad habits? Dishonesty? The need to control? Broken finances? Bad relationships? Painful memories? Perfectionism? Resentment? Compulsive thoughts/disorders? Stress? Bad Habits?

THE ROOT CAUSE:

It is	when l	[play	the ro	le of " $_$	" in	my life
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"In the pride of your heart you say, 'I am a god...' But you are just a mere mortal and not a god, though you think you are as wise as a god." Ezekiel 28:2 (NIV)

"Blessed are the poor in spirit, for theirs is the kingdom of heaven." Matt. 5:3 (NIV)

1st Choice: THE REALITY CHOICE

I need to	there is a	and	need Him
This is saying I	need help, that I'm power	rless to cor	ntrol my life

HOW DO I MAKE THE REALITY CHOICE A "REALITY"?

1. I must humbly _	I ne	ed	_ help.	
"God opposes the pro	oud but gives grac	e to the humb	le."James 4:6 (NLT)	
"You will never succe give them up; then G				and
2. I must	for	help.		
"We saw how powe then we put everythir can even raise the dec	ng into the hands o	of God, who al		
"You're blessed when more of God and His			With less of you then	re is
3. I must humbly _ "His" people).		help (i	it comes through	
"Two are better that If either of them falls falls and has no one	down, one can h	elp the other u		
"Admit your faults to healed." James 5:1		pray for each	other so that you ma	ıy be
"When we were unabdied for us" Rom.		ves, at the mon	nent of our need, Chr	rist
Going Deeper on my	own Go online	e and purchase	John Bakers book	

called "Life's Healing Choices". Read the first chapter and answer the questions at then end of the chapter. Seek out a true friend you can trust in and go over this material with them. Ask them to attend church with you through this series. Make a commitment to attend each one of the next 8 weekend services. Finally read Philippians 4:6-7, then each morning this week pray and ask God to help you with your hurts, hang ups, and habits that you want to be healed from. As God moves in your life, write me and tell me your story. Contact me at Jay@centerpointchurch.com.