

# Radical Gratitude The Five Expressions

"RADICAL" comes from the Latin: Radicalis = from the root.

"RADICAL" MFANS "ROOTED"

<u>BLESSED</u> are those who trust in the Lord and have **made the Lord** their **hope and confidence**. They are like trees planted along a river bank with roots that reach deep into the water...and they never stop producing fruit (no matter what happens). **Jeremiah 17:7-8 (NLT)** 

...produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, Galatians 5:22 (NLT)

...Let your lives overflow with joy and thanksgiving for all he has done. Colossians 2:7 (TLB)

## **Five Ways to Practically Express Radical Gratitude**

### 1. Pray it.

Don't worry about anything; instead, pray about everything. Tell God what you need, and **thank Him for all He has done**. Then you will experience God's peace, which exceeds anything we can understand. **His peace will guard your hearts and minds** as you live in Christ Jesus. **Philippians 4:6-7 (NLT)** 

I urge, then, **first of all**, that requests, prayers, intercession and thanksgiving be made **for everyone** – for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness.

1 Timothy 2:1-2

### 2. Speak it.

Nor should there be obscenity, foolish talk or coarse joking, which are out of place, but **rather thanksgiving**. **Ephesians 5:4 (NIV)** 

Do all things without grumbling or disputing... Philippians 2:14 (ESV)

### 3. Sing it.

...Sing your hearts out to God! Thank Him to His face! Psalm 30:4 (MSG)

...Sing psalms and hymns and spiritual songs to God with thankful hearts... Colossians 3:16 (ESV)

The Lord is my strength and my shield; my heart trusts in him, and I am helped. My heart leaps for joy and I will give him thanks in song. **Psalms 28:7 (NIV)** 

#### 4. Give it.

I will give you an offering to show thanks to you. Psalms 116:17

You will be made rich in every way so that you can be generous on every occasion, and through us your generosity with result in thanksgiving to God. **2 Corinthians 9:11 (NIV)** 

So two good things happen as a result of your gifts – those in need are helped, and they overflow with thanks to God. 2 Corinthians 9:12 (TLB)

## 5. Express it (in a personal way to Jesus).

Baptism...

...When they came up out of the water...The eunuch...went on his way rejoicing. Acts 8:36-39 (NLT)

Communion...

...On the night when he was betrayed, the Lord Jesus took some bread and gave thanks to God for it. Then he broke it in pieces and said, "This is my body, which is given for you. Do this to remember me." In the same way, he took the cup of wine after supper, saying, "This cup is the new covenant between God and his people—an agreement confirmed with my blood. Do this to remember me as often as you drink it." 1 Cor. 11:23-25 (NLT)

**Going deeper on your own.** This week review the five ways to express radical gratitude. Each day this week practice one of the five ways. Specifically write down a list of all the things God has done for you and intentionally tell God about it. Tell someone about it. Sing to Him about it. Get prepared to give Him an offering of love and gratitude. Come next weekend prepared to join in on a service of Gratitude in which we participate in all five ways.