



Order of Service February 20-21, 2016

Worship Team	Only King Forever
Greeting/Welcome	
Worship Team	Build Your Kingdom Here Cornerstone This Is Amazing Grace
Message	Pastor Jay Bruner You Make Me Crazy (Part 2)
Offering/Announcements/Dismissal	

You Make Me Crazy (Part 2) Breaking the buttons for button pushers

The Principle of Return -
I will always reap what I sow.

...You will always harvest what you plant.... So let's not get tired of doing what is good. At just the right time we will reap a harvest of blessing if we don't give up. Gal. 6:7-9 (NLT)

"In your anger do not sin" ... Ephesians 4:26 (NIV)

*"A fool is quick-tempered, but a wise person stays calm when insulted."
Proverbs 12:16 (NLT)*

Why Button Pushers Get Pushy...Why Anger?

Anger is an expression of something **deeper**.

The birthplace of Anger: 1. Hurt 2. Fear 3. Frustration

We who are strong must be considerate of those who are sensitive about things like this. We must not just please ourselves. We should help others do what is right and build them up in the Lord. Romans 15:1-2 (NLT)

How Buttons Get Pushed: (Anger Is Expressed)

- The nuclear method. Genesis 4:5,8
- The crook pot method. Jeremiah 15:17-18
- The pity party method. Luke 15:28
- The scorekeeper method. Luke 6:10-11

How to break the buttons for button pushers:

1. Count the cost of anger.

"An angry person causes trouble, and a person with a quick temper sins a lot." **Proverbs 29:22 (NCV)**

"Those who control their anger have great understanding;..." **Proverbs 14:29**

2. Look through the anger.

"A man's wisdom gives him patience; it is to his glory to overlook an offense." **Proverbs 19:11**

3. Think first, then act.

"Sensible people always think before they act..." **Proverbs 13:16 (GNT)**

- a. Why am I angry? Why are they angry?
- b. What do I really want?
- c. How can I get it?
- d. Measure my words.

"A wise person uses few words; A person with understanding is even-tempered." **Proverbs 17:27 (NLT)**

4. GET BIG HELP (ASK GOD)!

Don't worry about anything; instead, pray about everything. Tell God what you need,... Then you will experience God's peace,...His peace will guard your hearts and minds as you live in Christ Jesus. **Philippians 4:6-7 (NLT)**

5. I must find my identity in Jesus.

"The fear of human opinion disables; trusting in God protects you from that." **Proverbs 29:25 (MSG)**

Even before he made the world, God loved us and chose us in Christ to be holy and without fault in his eyes. **Ephesians 1:4 (NLT)**

Going deeper on my own: Think back at a situation where you lost your temper. How did it turn out? What was behind your anger? How could you have restated your anger to be better understood? How can you help others express their anger towards you? Here is a response I use, "I see you're angry. Can I ask why you are so angry?" Then, I listen for the hurt, fear, or frustration they are feeling. I then respond, "I can see you are hurt/fearful/frustrated by whatever it is. What can I do to help?" Sometimes it requires an apology by me for something I have unintentionally done. If that's the case, I sincerely apologize and make amends. When caused by others, I acknowledge their hurt and encourage them to talk to the individual so they will have a healed relationship.