

FAST FAMILY

Order of Service - September 10 & 11, 2016

Worship Team	Open Up The Heavens
Greeting/Welcome	
Worship Team	The Lion and The Lamb Great Are You Lord
Message	Pastor Jay Bruner Fast Family (Week 1)
Offering/Announcements/Dismissal	



Building Margins in the Madness

*"Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. **Matt. 11:28-29 (NIV)***

*"There is a time for everything, a season for every activity under heaven... **Ecclesiastes 3:1 (NIV)***

HOW TO S.T.A.R.T. MAKING MARGINS IN THE MADNESS:

S– Start by knowing the destination.

*"Mark out a straight path for your feet; then stick to it and stay safe. **Proverbs 4:26 (NLT)***

What throws us off track...

*"An impulsive vow is a trap; later you'll wish you could get out of it."
Proverbs 20:25 (MSG)*

T - Tell people "No", including my family.

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Proverbs 20:25 (MSG)*

"...It is better to have only a little, with peace of mind, than be busy all the time..." Ecclesiastes 4:6 (GNT)

A - Accept where I am now.

That whatever exists today and whatever will exist in the future has already existed in the past. Ecclesiastes 3:15

Let your conduct be without covetousness; be content with such things you have. For he himself (Jesus Christ) has said "I will never leave you nor forsake you." Hebrews 13:5 (NKJV)

R- Reserve time to rest and hang out with God.

"Six days a week are set apart for your daily duties and regular work. But the seventh day is a day of rest dedicated to the Lord our God." Exodus 20:9-10 (NLT)

So there is a special rest still waiting for the people of God. For all who enter into God's rest will find rest for their labors, just as God rested after creating the world. Let us do our best to enter that place of rest. For anyone who disobeys God, as the people of Israel did, will fall. Hebrews 4:9-11 (NLT)

T - Trust God, and His timing.

"You (God) will keep in perfect peace all who trust in you, whose thoughts are fixed on you! Trust in the Lord always, for the Lord God is the eternal Rock." Isaiah 26:3 (NLT)

Trust in the LORD with all your heart; do not depend on your own understanding. Seek His will in all you do, and He will show you which path to take. Proverbs 3:5-6 (NLT)

Going deeper on your own: Monday morning, get in a quiet place to pray and ask God to speak to you, then take the notes from today's message and look over them. Pray again and ask God specifically to bring to your mind what you need to say "no" to. When God brings it to your mind, make a plan to drop that activity from your life and the life of your family. Write me at jay@centerpointchurch.com and tell me your story.