

# FAST FAMILY: HOW TO "SINGLE OUT" WHAT MATTERS MOST

That He is the...Father to the Fatherless, defender of widows; this is God. Psalms 68:5 (NLT)

"In Christ we who are many form one body, and each member belongs to all others." Romans 12:5 (NIV)

As Jesus and the disciples continued on their way to Jerusalem, they came to a village where a woman named Martha welcomed them into her home. Her sister, Mary, sat at the Lord's feet, listening to what he taught. But Martha was worrying over the big dinner she was preparing. She came to Jesus and said. "Lord, Doesn't it seem unfair to you that my sister just sits here while I do all the work? Tell her to come and help me. But the Lord said to her, "My dear Martha, you are so upset over the details! There is really only one thing worth being concerned about. Mary has discovered it and I wont take it away from her" Luke 10:38-42

# HOW TO SINGLE OUT WHAT MATTERS MOST FOR ME AND MY CHILDREN

# 1. Start by hanging out with **Christ** and **His family**.

As Jesus and the disciples continued on their way to Jerusalem, they came to a village where a woman named Martha welcomed them into her home.

And let us not neglect our meeting together, as some people do, but encourage one another, especially now that the day of his return is drawing near. **Hebrews 10:25 (NLT)** 

#### 2. Then begin looking and listening UP not OUT.

"Mary, set at the Lord's feet, listening"... Jesus said... "Mary has chosen that good part that will not be taken away from her."

## <u>Principles</u> → <u>Priorities</u> → should lead to → <u>Commitments</u>

What is in the best interest of my family and child now?

Where is this leading them?

How does this help them become the person God created them to be?

Why is this taking time in my life and who actually put it there?

Why is it there?

Is this what I really need to be doing for my family and my children?

## 3. Live in MY MOMENT, not EVERYBODY else's. (Parent/child moment)

"Mary, sat at the Lord's feet, listening...

"...It is better to have only a little, with peace of mind, than be busy all the time..." Ecclesiastes 4:6 (GN)

#### 4. Ignore the peer pressure and Go GUILTLESS.

Martha was worrying over the big dinner she was preparing. She came to Jesus and said, "Lord, Doesn't it seem unfair to you that my sister just sits here while I do all the work?"

Jesus said... "Mary has chosen that good part that will not be taken away from her."

#### 5. Trust <u>God</u> with the outcome.

"You (God) will keep in perfect peace all who trust in you, all whose thoughts are fixed on you! Trust in the Lord always...."

Isaiah 26:3-4 (NLB)

Going deeper on your own: Review this week's lesson. Answer the questions found under point 2. Now read Matthew 11:28-30 and answer the following questions. How can I intentionally yoke myself to Christ? What is something I can make a priority when seeking His leadership? Who is someone in God's family I can talk to about this? Set up a plan to go speak to that person about helping you in singling out what matters most. Write me and tell me your story.