

HOW'S YOUR SOUL? #Satisfied #Healthy #Fulfilled

How to have a #Satisfied #Healthy #Fulfilled Soul When the Storms Hit

So God has given both His promise and His oath. These two things are unchangeable because it is impossible for God to lie. Therefore, we who have fled to Him for refuge can have great confidence as we hold to the hope that lies before us. **This hope is a strong and trustworthy anchor for our souls.** It leads us through the curtain into God's inner sanctuary. Jesus has already gone in there for us. He has become our eternal High Priest... **Hebrews 6:18-20 (NLT)**

To have a #Satisfied #Healthy #Fulfilled Soul, it takes the right <u>anchor</u>.

Options for Anchors

1. Soulless anchors - stuff

And what do you benefit if you gain the whole world but lose your own soul? Is anything worth more than your soul? Matthew 16:26 (NLT)

2. Feeble anchors - other souls

Do not put your trust in princes, in human beings, who cannot save. **Psalm 146:3 (NIV)**

3. An anchor like no other - Jesus

How do I anchor myself to Jesus? - Grasp Him.

...Therefore, we who have fled to Him for refuge can have great confidence as **we hold** to the hope that lies before us. **This hope is a strong and trustworthy anchor for our souls... Hebrews 6:18-19 (NLT)**

We do this by keeping (fixing) our eyes on Jesus, the champion who initiates and perfects our faith... Hebrews 12:2 (NLT)

But Jesus spoke to them at once. "Don't be afraid," He said. "Take courage. I am here!"... So Peter went over the side of the boat and walked on the water toward Jesus. But when he saw the strong wind and the waves, he was terrified and began to sink. "Save me, Lord!" he shouted. Jesus immediately reached out and grabbed him. "You have so little faith," Jesus said. "Why did you doubt me?" Matthew 14:27 & 30-31 (NLT)

Going deeper on your own. In today's lesson, Pastor Jay talked about needing an anchor for our souls. He also discussed options for anchors. What would you say is the most common anchor you hold on to when storms of life hit? How has that worked? Read the accounts of Jesus and Peter walking on water found in Matthew 14:22–36, Mark 6:45–56, and John 6:16–21. Why do you think Jesus took them through this experience? Has there ever been a time when you believed you were perfectly in God's will yet still encountered a major storm in your life? What was your response to it? Did you doubt? How did it turn out? Today we want to encourage you. If you have never made Jesus the anchor of your soul, do it today. Pray and ask Him to become your Lord, your Savior, your Anchor. Write Pastor Jay at Jay@centerpointchurch.com and tell him your story.