

# Finding Home

Order of Service | September 30 & October 1, 2017

Worship Team .....	Unstoppable God
Welcome/Greeting	
Worship Team .....	Crown Him Call Upon The Lord
Message .....	Pastor Jay Bruner Finding Home (Part 4)
Worship Team .....	O Come To The Altar
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## A DAY THAT CHANGES EVERYTHING

*God decided in advance to adopt us into His own family by bringing us to Himself through Jesus Christ. This is what He wanted to do, and it gave Him great pleasure. Ephesians 1:5 (NLT)*

### How To Keep Home Well

#### Take a Sabbath.

*“Remember to observe the Sabbath day by keeping it holy. You have six days each week for your ordinary work, but the seventh day is a Sabbath day of rest dedicated to the Lord your God. On that day no one in your household may do any work. This includes you, your sons and daughters, your male and female servants, your livestock, and any foreigners living among you. For in six days the Lord made the heavens, the earth, the sea, and everything in them; but on the seventh day he rested. **That is why the Lord blessed the Sabbath day** and set it apart as holy. Exodus 20:8-11 (NLT)*

*Then Jesus said to them, “The Sabbath was made to meet the needs of people, and not people to meet the requirements of the Sabbath. So the Son of Man is Lord, even over the Sabbath!” Mark 2:27-28 (NLT)*

#### How Should a Sabbath Look?

1. It's a designated day of removal. Exodus 20:9-10

## 2. It is a designated day of rest. Exodus 20:10

*Jesus said, "Come to me, all of you who are weary and carry heavy burdens, and I will give you rest." Matthew 11:28 (NLT)*

*... "Be still, and know that I am God..." Psalm 46:10 (NIV)*

The Types Of Rest We Need:

Physical Rest

Emotional Rest

Spiritual Rest

Relational Rest

Mental Rest

## 3. It is a designated day of restoration. Exodus 20:9-10

*"I will refresh the weary and satisfy the faint." Jeremiah 31:25 (NIV)*

## 4. It is a designated day of refocusing. Exodus 20:10

*"For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future." Jeremiah 29:11 (NIV)*

*The Lord says, "I will guide you along the best pathway for your life. I will advise you and watch over you." Psalms 32:8 (NLT)*

**Going deeper on my own.** Read Exodus 20:9, Exodus 20:11 and Mark 2:26-28. Why was the Sabbath made? Do you currently have a Sabbath? What is the difference between a Sabbath and a day off? Take a calendar and throughout October intentionally choose one day a week to set aside as a Sabbath. Pastor Jay mentioned the five areas in which we need rest and restoration. They are physical, emotional, spiritual, relational, and mental. Take a piece of paper and list them in order 1 through 5. Now pray and ask God to reveal to you one thing that you could do in each area that would bring you rest and restoration. Finally, commit to share it with someone and ask them to hold you accountable each week to maintain your Sabbath.