

# Grow at CPC



In this class, you will learn the values, beliefs, and practices of CPC, have the opportunity to grow in your spiritual walk, and find your unique place at Center Point Church. The Growth Track is a requirement for CPC Membership.

**GROWTH TRACK**  
**Nov 4th | 1-4pm**  
**in the Edge Room**

To learn more or register:  
[CenterPointChurch.com/connect/discovering-church-membership/](http://CenterPointChurch.com/connect/discovering-church-membership/)

## Trunk or Treat

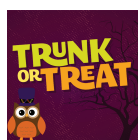
Our Annual Trunk or Treat will be Sunday, October 28th from 5-7pm. There are many ways to be involved with this event. Check out today's insert for more information on how you can get involved. Be sure to invite your friends and neighbors to this great community outreach event.

## 20th Anniversary Celebration

Join us for one of our four special worship services the weekend of November 10th and 11th as we remember all that God has done in the lives of so many individuals, families, and our community. We will also be looking forward to the many years that are still before us. The last 20 years have truly been a blessing. We will have a Come & Go reception with Pastor Jay and Regina Bruner following the Saturday 5:01pm service and a Meet & Greet between each service. Come help us Celebrate!

## Annual Business Meeting

Our Annual Business Meeting will be on Sunday, November 11th at 5pm. Pastor Jay will be speaking about the vision God has given him for 2019 and you will be given the opportunity to ask questions you may have relating to the 2019 budget. Hard copies of the budget are available at the Info Desk. Additionally, please be sure to have your ballots submitted (electronically or hard copy) prior to the Business Meeting.



## Upcoming Events

**10.22**

Celebrate Recovery  
7pm in the Student Life Center

**10.23**

Pastor-Led Prayer  
Every Tuesday @ 7:30am

**10.24**

Student Life  
Spooktacular @ 7pm

**10.27**

Rescheduled Fix-It Blitz

**11.09**

Family Game Show  
Night @ 7pm

**11.10**

CPC 20th Anniversary  
Celebration Weekend

**11.11**

Annual Business  
Meeting @ 5pm

**12.02**

Women's Christmas  
Event @ 5pm

For more information and other events, visit [CenterPointChurch.com](http://CenterPointChurch.com)



# CRUSHING ANXIETY

Order of Service | October 20-21, 2018

Worship Team ..... Seek You

Welcome/Greeting/Baptisms

Worship Team ..... Stand In Your Love  
Here Again  
Fountains

Message ..... Senior Pastor Jay Bruner  
Crushing Anxiety (Part 3 of 4)

Offering/Announcements/Dismissal

## How To Crush The Anxiety That Is Crushing My Home

(Philippians 4:4-9)

*"I have told you all this so that you may have peace in me. Here on earth you will have many trials and sorrows. But take heart, because I have overcome the world."* **John 16:33 (NLT)**

### HOW TO CRUSH THE ANXIETY THAT IS CRUSHING MY HOME...

1. I must make up my mind about who will LEAD my LIFE and my HOME.

*Always be full of joy in the Lord. I say it again—rejoice! ...The Lord is near...* **Philippians 4:4&5 (NIV)**

*You (God) will keep in perfect peace all who trust in You, all whose thoughts are fixed on You!* **Isaiah 26:3 (NLT)**

*Then Jesus said, "Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. Take my yoke upon you. **Let me teach you**, because I am humble and gentle at heart, and you will find rest for your souls. **For my yoke is easy to bear, and the burden I give you is light.**"* **Matthew 11:28-30 (NLT)**

*Choose this day whom you will serve,... **But as for me and my house we will serve the Lord...*** **Joshua 24:15 (ESV)**

2. I must SEEK OUT His direction in all things.

*Don't worry about anything; instead, pray about everything. Tell God what you need...* **Philippians 4:6 (NLT)**

*If you need wisdom, ask our generous God, and he will give it to you. He will not rebuke you for asking. But when you ask him, be sure that your faith is in God alone. Do not waver, for a person with divided loyalty is as unsettled as a wave of the sea that is blown and tossed by the wind. Such people should not expect to receive anything from the Lord. Their loyalty is divided between God and the world, and they are unstable in everything they do. **James 1:5-8 (NLT)***

### **3. I must then DO what He tells me to do.**

*Keep putting into practice all you learned and received...*  
**Philippians 4:9 (NLT)**

*Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight. **Proverbs 3:5-6 (NIV)***

*Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus. **Philippians 4:7 (NLT)***

### **4. I must choose to LEAD my home with INTENTION instead of IMPULSE.**

*Let everyone (especially my family) see that you are considerate in all you do... **Philippians 4:5 (NLT)***

*An impulsive vow is a trap; later you'll wish you could get out of it. **Proverbs 20:25 (MSG)***

**Going deeper on your own.** Review today's message notes and make a list of things that are causing you anxiety. Read Jeremiah 29:11-13, Ephesians 3:20, and Isaiah 55:8-9. Recognizing God's promises, if you knew He could change your situation would you be willing to let Him? Now read Philippians 4:6-9. Break it down and write it in your own words. Looking at your list, pray and ask God for what you need and then trust Him when He answers you. To trust Him you will need to do what He prompts you to do. This may require you to take something out of your life. If so, are you willing? Pastor Jay said in his message that many of us are good at writing To-Do Lists, yet have we ever (with God's help) written a Not-To-Do List? Have we ever done that for our children? Pray through what God would have you write on a Not-To-Do List and send it to Pastor Jay at [Jay@CenterPointChurch.com](mailto:Jay@CenterPointChurch.com).