

# THIS IS US

How to do family well.

## Order of Service | September 28-29, 2019

Worship Team .....	Lift Up Jesus
Greeting/Welcome	
Worship Team .....	This Is A Move Yes and Amen
Message .....	Executive Pastor Rusty Sieck This Is Us: Week 4
Offering/Announcements/Dismissal	

# Boundaries

Boundaries are God's idea.

Genesis 2:1-3, Genesis 2:15-17, Hebrews 12:5-11

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Boundaries are Key to good Relationships.

*"All things are lawful for me," but not all things are helpful.*

**1 Corinthians 6:12a (ESV)**

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# How Do We Establish Boundaries?

1. By God's Word. 1 Peter 2:3-11

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2. By guarding your heart.

*Guard your heart above all else, for it determines the course of your life.*

**Proverbs 4:23 (NLT)**

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**Going Deeper on your own:** Pastor Rusty talked about the importance of having boundaries in our lives. Set some time aside this week to evaluate the boundaries you have already established and how you might need to strengthen them. Then spend some time establishing new ones that need to be implemented so that you have healthier relationships. Finally, take the time to memorize Proverbs 4:23 as a reminder to guard your heart in a world that constantly tries to move us away from our convictions.